

DEADLY KINDIES ACTIVITY BOOKLET

KINDY IS A
DEADLY CHOICE

RAIN STICK SENSORY BOTTLES

Materials needed:

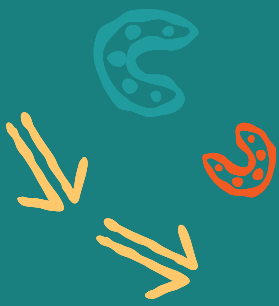
- Empty, clean bottles
- Sticks from the garden
- Assorted seeds from the garden
- Beans
- Small Rocks
- Scoops
- Funnels

Method:

1. Place sticks of different lengths in the bottles
2. Add a variety of the other items you have gathered
3. Seal the lid tightly, use sticky tape if needed.



Scan the QR code and check out the Deadly Kindies team making Rain Stick Sensory bottles!



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QUIET READING

Materials needed:

- Reading/picture books
- Comfy spot to sit
- Pillows
- Blankets



Method:

1. Find your bubs favourite book at home.
2. Search for the comfiest place in the house.
3. Sit with bub close to your body and begin story telling.
4. Allow Jarjums to explore the books, pages and allow them the opportunity to read themselves.

This is a deadly way to engage with your children, engage in literacy & teaching your Jarjums the importance of storytelling and reading.



Scan the QR code to check out all the deadly stories on the Deadly Kindies YouTube channel!



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ICE PAINTING

Materials needed:

- Food colouring
- Ice trays
- Paddle pop sticks
- Paper



Method:

1. Add a tiny drop of food colouring in the individual cubes in the ice tray and mix well with water.
2. Do this with all colours.
3. Place popsicle sticks in the individual cubes in the tray and then place in the freezer.
4. Freeze for about 4 to 6 hours or overnight
5. Pull on the sticks to remove from the tray
6. This is great for outside on the cement or grass.
7. Hold the wooden sticks to paint with on the paper



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MAKING PLAYDOUGH & NATURE PLAY

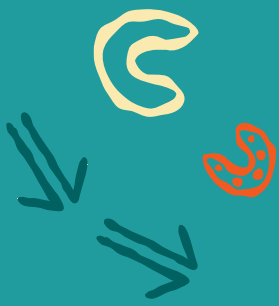
Materials needed:

- Plain Flour
- Food Colouring (Not always needed)
- Salt
- Cream of Tartar (Method on the back of container)
- Vegetable Oil
- Natural materials from the garden/park/yard



Method:

1. Mix salt, food colouring, oil, cream of tartar and hot water into a bowl.
2. Once mixed well, add flour.
3. Stir until consistency thickens and turns into dough.
4. Once cooled, knead together.
5. Allow Jarjums to knead too.
6. Add playdough and natural materials to your area and allow Jarjums to explore.



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COOKING FRIED RICE

Materials needed:

- Rice
- Soy Sauce
- Fresh or frozen vegetables
- Egg
- Bacon



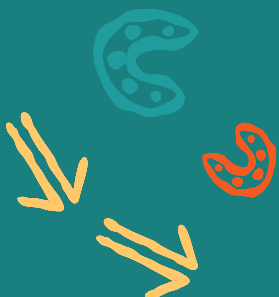
Methods to be done by Jarjums

1. Wash hands thoroughly
2. Crack the eggs and whisk with a fork.
3. Grate or cut fresh vegetables and cut bacon into small pieces.
4. Assist with stirring in a safe environment.
5. Wash rice

Recipe: Guardians to follow

<https://chefsavvy.com/the-best-fried-rice/>

Scan the code to follow along with the Deadly Kindies Team!



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NATURE COLLAGE

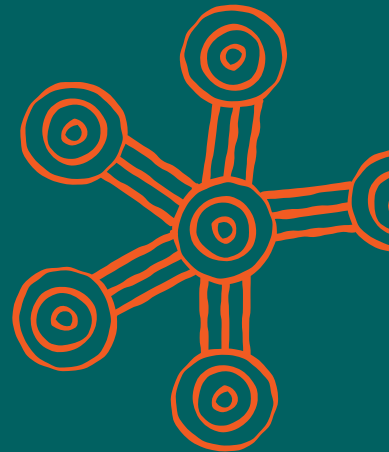
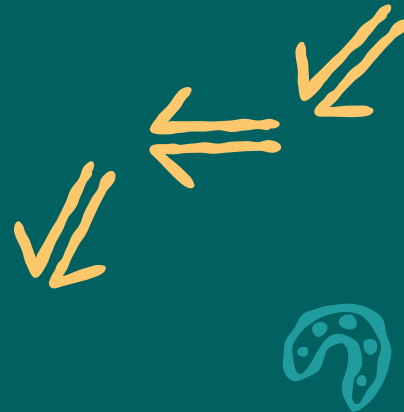
Materials needed:

- Nature Items from your backyard or local land
- Glue (can also create collage without glue- to redo over and over!)
- Paint brush
- Cardboard- use something from your recycle bin



Method:

1. Cut out your cardboard in your desired shape
2. Crunch up your items to make small, or use them whole
3. Place glue on your cardboard
4. Decorate your cardboard shape using nature items



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DYEING DRIED GOODS

Materials needed:

- Dried goods (pasta, chickpeas, beans, rice etc)
- Food colouring
- Vinegar or hand sanitiser
- Plastic zip lock bags
- Baking paper or Newspaper (something to dry the coloured goods on!)
- Baking trays or even just the ground outside.



Scan the QR code and follow along with the Deadly Kindies team!



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Method:

1. Pour dried goods into large plastic bag.
2. Add a splash of vinegar or a squirt of hand sanitiser and a few drops of food dye into the baggie. The amount depends on how much pasta you are dying, but you really cannot go wrong- it is all fun and learning, like a science experiment keep adding if more is needed!
3. Close bag and shake and wiggle the dried goods around. Add more food colouring and vinegar or hand sanitiser if needed.
4. Let sit for a few minutes
5. Pour out on to a tray and spread out to dry. Outside in the sun is best as if it is not dried correctly, it can go mouldy



STORY TELLING STONES

Materials needed:

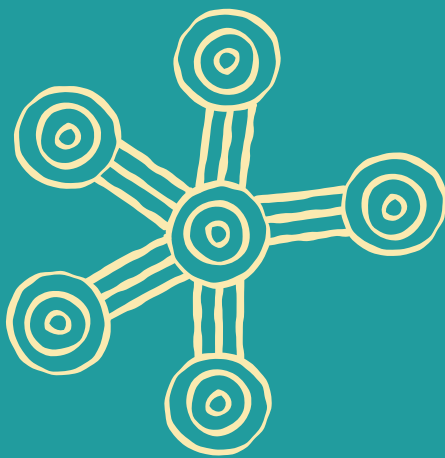
- Stones, rocks, or pebbles
- Permanent marker, paint pen or white out pen



Method:

1. Draw symbols, shapes, or pictures on your stones.
2. Link them to your culture or mob to tell a deadly story to celebrate you and your identity
3. Once you have finished your drawings use your stones for your story, let your mob have a turn to tell their own story too!

Scan the QR code and check out the Deadly Kindies team pre-writing activity!



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PRE-WRITING

Materials needed:

- Rice
- Flour
- Sand
- Dry Lentils
- Any dried goods can be used with this experience. You can even dye them different colours to make it more deadly!

Method:

1. Using a large baking tray or container, pour dried ingredients just covering the bottom.
2. For inspiration, you can write a letter at the top of the dried goods that your Jarjum can attempt to trace independently.

Scan the QR code and check out the Deadly Kindies team pre-writing activity!



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ICE PLAY

Materials needed:

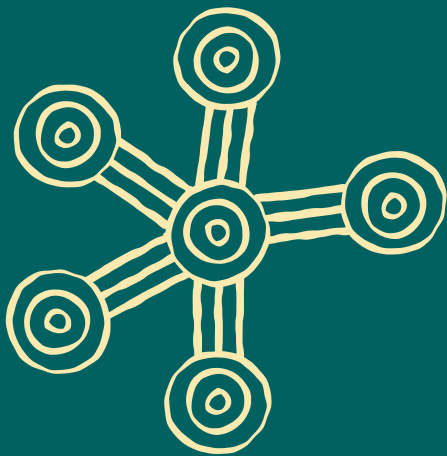
- Room in your freezer
- Toys that can get wet, I.e., plastic animals or toy cars
- Containers
- Water



Method:

1. Find some small sized toys that can get wet
2. Place toys in a container with space in between the toys.
3. Pour some water in, get your jarjums to help**
4. Place containers in freezer and wait overnight
5. Once frozen get your jarjums to decide how they want to crack the animals out. Could we melt them? Use our hands? Use a spoon? Or a hammer?

**If you have food colouring feel free to add a few drops during this step



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